

30年创始人专注教育行业



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高中英语

选择性必修第一册 WY

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词句助读

- ①approach vt.走近,靠近
- ②atmosphere n.气氛
- ③tension n.精神紧张
- ④look through 浏览,翻阅,快速查看
- ⑤previously adv.以前, 事先
- [1] as 引导时间状语 从句。
- [2]关系副词 where 引导非限制性定语从句, 在从句中作地点状语, 先行词为 the waiting area。
- ⑥ spot vt. 发现, 看见; 认出
- ⑦fall off 跌落
- [3]关系代词 whose 引导定语从句,在从句中作定语,表所属关系,先行词为 a small girl。
- [4] make her feel better 的结构为:使役动词+ 宾语+宾语补足语。
- ⑧chemical n.化学物质
- ⑨specially *adv*. 专门地; 特别地
- ⑩be designed for 为……而设计
- ①entertain v. 使快乐
- [5]过去分词短语作名词 programme 的后置定语,分词与所修饰词之间的关系为被动关系。
- [6]being a clown doctor 为动名词短语作主语, 跟 单 数 的 谓 语 动 词 搭配。
- ② facilities n. 设备,设施(常用复数形式)
- ③ typical adj. 典型的, 有代表性的
- ④cheer up 使高兴起来, 使振作起来
- ⑤sensitive adj. 善解人意的; 敏感的, 感受敏锐的
- [7] who 引导非限制性 定语从句,在从句中作 主语,先行词为 the doctors and nurses。

课文 The Best Medicine

[1] As I approach[⊕] the hospital wearing my white coat, I look just like any other doctor. That is until I put on my curly rainbow wig, big red nose, and add my name badge "Doctor Larry Laugh-Out-Loud". I walk through the doors into the waiting area, [2] where there's a familiar atmosphere[®] of boredom and tension[®]. People sit uncomfortably on plastic chairs, looking through[®] old magazines, all of which have been read hundreds of times previously[®]. Anxious parents do what they can to comfort nervous and crying children.

In the middle of this particular scene I $spot^{\circledcirc}$ a small girl [3] whose ankle is twice its normal size. I speak with the on-duty nurse, who tells me that Lara's parents rushed her to the hospital after she **fell off** her bicycle. Since getting here, Lara has spent her time crying in pain. Although it's the doctors and nurses who will treat her injury, it's my job to [4] make her feel better.

Scientific studies show that laughter produces chemicals[®] to make people feel better, which means clown doctors can be helpful. We are specially® trained clowns who work as part of a programme [5]known as "hospital clowning". I chose this career because of my experience of going to hospital when I was a kid. Although the doctors and nurses did a great job, hospitals weren't really designed for children. I spent much of the time when I was there feeling frightened and more than a little bored! [6] Being a clown doctor means I can help people entertaining[®] them.

Visiting hospitals and other health care **facilities** , we doctors work together with clown medical professionals. On a typical® day, we spend our time cheering up patients, their families, and more often than not, the hospital staff, too! We do this by doing magic tricks, singing songs, telling stories and, of course, telling silly jokes. Some children, though, don't feel like laughing, especially if they're in pain. We have to be very sensitive and work closely with the doctors and nurses, [7] who keep us updated on each patient.

翻译助读

最佳灵药

当我穿着白大褂走向医院的时候,我看起来跟其他医生一样——直到我戴上卷曲的彩虹色假发和大红鼻子,别上我的名牌"拉里·笑哈哈医生"为止。我穿过一道道门进队医生"为止。我穿过一道道门的股生。这里充斥着常见的厌烦和紧张氛围。人们不舒服地坐在塑料椅上,翻阅着那些之前已经被读过上百次的旧杂志。焦虑的父母们正竭尽所能安抚紧张哭闹的孩子。

就在这样的场景里,我注意到一个小女孩,她的脚踝肿成了原来的两倍。我和当值护士交谈时她告诉我,拉拉从自行车上摔下来,她的父母匆忙将她送到医院。自从来到这里,拉拉就因为疼痛而一直大哭。尽管为她治疗伤痛的是医生和护士,但让她的心情变好则是我的工作。

科学研究表明,欢笑能令 人产生一些有益身心的化学物质,这就意味着小丑医生能帮到患者。我们是受过专门培的小丑,是"医院小丑"项目的小丑,是"医院小丑"项目由于,是"医院小职业是由于我上,是"医院实在不是个后,但医院实在不是个后,但医院实在不是个的地方。我在那里的尽行时间要么觉得害怕,要不会意识,是不知过,是不知识通过使人们快乐来帮助他们。

词句助读

⑥ do the trick 奏效,达 And my magic medicine [8] does indeed seem to do the 到预期效果

于,全神贯注于

®in turn 反过来,转而 [8]"do/does/did+动词 原形"表强调,意为"确 实,的确",用来加强 语气。

⑩as for 至于,关于 [9] as 引导原因状语从 句,解释主句中主语的 状态产生的原因。

「10」while 引导让步状 语从句,可以理解为"尽 管"或"虽然"。

课文

trick[®]. While the doctor concentrates on[®] examining ⑩concentrate on 专注 Lara's ankle, I get her attention by doing a magic trick. Although she is clearly still in some pain, her scared and anxious look has been replaced—first by a small smile, and then by loud laughter as I "magically" produce her sock from out of my pocket. Seeing their daughter so much happier has in turn® made Lara's parents more relaxed.

> And as for me? Well, when I take off my wig and my red nose, I'm still wearing a big smile, [9] as I remember all the fun and laughter of the day. \[\[10 \]\] While there might be more hospital visits ahead for Lara and others, I hope that clown doctors help make it a friendlier place to visit. After all, it really is true that "laughter is the best medicine".

翻译助读

我的灵药似乎确实奏效 了。当医生集中精力检查拉拉 的脚踝时,我用魔术来吸引拉 拉的注意力。看得出,尽管她 显然仍有一些痛苦,但她恐惧 和焦虑的表情已经不见了:先 是一个小小的微笑,接着变成 了大笑一 一因为我"魔术般地" 从我的口袋里变出了她的一只 袜子。看到女儿破涕为笑,拉 拉的父母也松了一口气。

而我呢? 当我摘下假发和 红鼻子的时候,脸上仍然带着 大大的微笑,因为我记得这天 所有的乐趣和欢笑。也许将 来,对于拉拉或者其他人来说, 他们还有更多到医院就诊的需 要,而我希望小丑医生能够帮助 医院成为一个更温暖友善的就 诊场所。毕竟,"欢笑是最佳灵 药",这句话是千真万确的。

词句助读

①essential adj. 极其重 要的,必不可少的

- ② be filled with 充满, 装满
- ③throw light on 阐明, 使……更加清楚
- ④ emotive adj. 使情绪 激动的
- [1] while 引导让步状语 从句,意为"虽然,尽管"。
- ⑤combine... with...

把……和……结合起来

- ⑥classic adj. 经典的
- ⑦cross out 删掉;划掉
- ⑧equally adv. 同样地; 平等地
- ⑨interaction n.交往,互动 ① response n. 回答,回应

[2] who 引导定语从句,

在从句中作主语,先行 词是不定代词 someone。

课文

The Importance of Humour

Humour has been an **essential** part of human behaviour for thousands of years. There is comedy in the texts of Ancient Greece, and medieval writings are filled with jokes. [1] While these same jokes might not be as funny to us now as they were then, their authors understood that humour could not only entertain but also throw new light on sensitive or emotive[⊕] issues.

Closer to modern times, someone [2] who is remembered for his ability to combine humour with more serious messages is American writer Mark Twain. Twain's particular style of writing is funny and often mischievous. For example, in his classic novel The Adventures of Tom Sawyer, he famously says, "Writing is easy. All you have to do is **cross out** the wrong words." But he is equally well known for his witty remarks in his everyday interactions[®] with people. For instance, while on a lecture tour of the United States, Twain went into a barber's shop to get a haircut and a shave. The barber, not recognising him, asked if he had a ticket to the lecture. When Twain replied that he didn't, the barber told him that if he wanted to go to the event he would have to stand, as there were no seats left in the theatre. Twain's response[®] was, "That's just my luck. I always have to stand when that fellow lectures!"

翻译助读

幽默的重要性

数千年来,幽默一直是人 类行为的重要组成部分。古希 腊的文字中记载有幽默元素, 笑话也常常出现在中世纪的作 品当中。虽然这些笑话现在对 我们来说可能不像以前那么好 笑了,但它们的作者明白,幽默 不仅可以娱乐,还可以为敏感 或易引起激烈争论的问题提供 新的阐述(方式)。

到了近现代,美国作家马 克•吐温因擅长用幽默的方式 表达严肃的内容而著称。他独 特的写作风格幽默风趣,而且 常常带有调侃意味。例如,在 他的经典小说《汤姆·索耶历 险记》中有一句名言:"写作很 容易,你只需要把错误的单词 划掉就行。"他日常与人交流中 的诙谐言论同样出名。比如, 有一次在美国做巡回演讲的时 候,马克·吐温走进一家理发 店去理发和刮脸。理发师没有 认出他,问他有没有这场演讲 的门票,马克·吐温说没有。 理发师告诉他,如果他想去听 演讲就只能站着了,因为剧院 里没有多余的座位。马克•吐 温回答说:"真倒霉。只要那个 家伙演讲,我总是要站着!"

词句助读

[3] concluding ... 是现在 分词短语作状语,表示 结果或结论。

出结论

- ① personality n. 性格; 个性;人格
- ③reflect vt.反映,显示
- ⑭on...occasion 在 ··· ···
- 场合;在……时刻
- 被安排做某事;预定要 做某事
- [4] starting with ... 为现 names 的后置定语,与所 修饰词之间是主动 关系。
- ⑩ pour ... into ... 把 … … 倒入……;倾注
- 的;难处理的
- ® enthusiasm n. 热爱; 热心;热情,热忱
- (Pargue vt. 主张;认为 [5] that 引导定语从句, 在从句中作主语,先行

词是 a tool。

课文

① conclude vt. 断定;得 Like Twain, but on the other side of the world, the Chinese writer Wang Zengqi was soon to become famous for his own unique brand of humour. In his essay "On Humour", Wang used fewer than 600 characters to introduce several humorous examples of famous people, [3] concluding that, "The world is full of amusing things. The thought of them would always make you laugh out loud, even when you're just sitting by yourself."

Wang believed that humour not only shows one's personality[®], but also reflects[®] a person's attitude towards life. He himself gives the best example to the word "humour". One day, one of his readers flattered (15) be scheduled to do sth | him by saying, "Gaoyou is famous for, first, the poet Qin Shaoyou, and second, Wang Zengqi." Wang didn't show any displeasure but only gave a gentle response, "No, Gaoyou salted duck eggs are much more famous than me. I can only stay in the third place." On 在分词短语作 last another occasion, Wang was invited to give a speech in the US and was scheduled to speak last. He walked to the podium and began, "Unfortunately, none of today's speakers have last names [4] starting with X, Y, or Z, so I am the last one to speak. Speaking last is difficult because everyone is already very tired. But don't worry. My speech will be as short as a rabbit's tail."

①complicated adj. 复杂ig| Both Twain and Wang understood that humour isn't just about laughter, but is a way of life and a tool [5] that can be used to illuminate the world. Wang once said, "Life may be like a dream, short and uncertain. But I pour my true feelings into[®] it. The world gave me its love first, so I cannot help but love it back." Life is never smooth sailing and sometimes be can complicated and cruel. But humour can help us maintain our enthusiasm® for life. In fact, some may argue[®] that our need for humour is almost as great as our need for water and air. In the words of Mark Twain, "Humor is mankind's greatest blessing".

翻译助读

和马克·吐温类似,在世 界的另一端,中国作家汪曾祺 很快也因其独特的幽默风格而 出名。在《论幽默》一文中,汪 曾祺用不到600字的篇幅介绍 了几个名人的幽默例子,并总 结道:"这个世界充满了有趣的 事情。一想到它们,你总是会 哈哈大笑,即使你只是一个人 坐着的时候。"

汪曾祺认为,幽默不仅展 现了一个人的性格,还反映了 一个人对生活的态度。他自己 就是"幽默"这个词最好的例 子。有一次,他的一位读者奉 承他说:"高邮出名的,第一是 诗人秦少游,第二就是汪曾 祺。"汪曾祺并没有表示任何不 悦,他只给了一个温和的回复, "不对,高邮咸鸭蛋比我名气大 多了。我只能排第三。"还有一 次,汪曾祺受邀在美国演讲,并 被安排在最后一个讲话。汪曾 祺走上讲台开口道:"很不幸, 今天没有一个演讲者的名字是 以 X,Y,或 Z 开头的,所以我是 最后一个讲话的。最后一个演 讲是很困难的,因为大家都已 经很疲惫了。不过别担心,我 的演讲会和兔子的尾巴一 样短。"

马克•吐温和汪曾祺都认 为,幽默不只能带来笑声,它还 是一种生活方式,是一种可以 用来照亮世界的工具。汪曾祺 曾说过:"人生如梦,短暂而缥 缈,我投入的却是真情。世界 先爱了我,我不能不爱它。"生 活从来不是一帆风顺的,有时 复杂而残酷。但幽默可以帮助 我们保持对生活的热情。事实 上,有些人甚至会认为我们对 幽默的需求几乎与我们对水和 空气的需求一样强烈。用马克 • 吐温的话来说:"幽默是人类 头等的幸事。"

Unit 1 Laugh out loud!

默写练习一 Starting out & Understanding ideas & Using language

「限时 20 分钟,满分 100 分]

	LIKH, 20 37 FF,	(内 乙	100 27]	
0	单词默写(每小题 2 分,共 34 分)	•	短语检测 (每小题 3	分,共48分)
	【阅读词汇】	1.	amusement park	
1.	curly adj.	2 .		_ 浏览;快速查看
	wig n			_(故意提出难以回答或令人
	badge n .		尴尬的问题)使某人	
4.	clown n	4.		跌落
5 .	grin v.		health care	
	【写作词汇】	6.		(使)高兴起来,(使)振作
6 .			起来	
7 .		7 .	more often than not	
8.	v.应得,应受到			奏效,达到预期效果
	【拓展词汇】			
9.	n.心情→ adj.情			
	绪多变的;郁郁寡欢的			 有意义,有道理,讲得通
10.	n.娱乐,消遣→ vt.逗			— 搭建;张贴;提高(价格);
	笑;(使)娱乐→ adj.有乐趣的;		举起;(让某人)留得	
	好笑的→ adj.被逗乐的	13		愁眉苦脸
11.	$\underline{\hspace{1cm}}$ (spotted, spotting) v .		. laughing stock	
	发现,注意到,看出 n .粉刺;斑点;污渍;地点,		. crack a smile	
	场所→ adj.有斑点的;有花点的		practical joke	
12 .			佳句再现 (每小题 6	
	→ <i>adj</i> . 有趣的;令人愉快的	_	倍数表达法	7,7,4 == 74,7
	→	1.		nis particular scene I spot a
13.				e is .
	n. 检查			· · · · · · · · · · · · · · · · · · ·
14.			脚踝肿成了原来的	
4-	(为)做广告,登广告	2	强调句型	√3 I□ ∘
15 .				wil
	v. 雇用;应用,使用→		·	will t's my job to make her fee
	工→		better.	is my job to make her ree.
	unemployment n.失业;失业人数;没有工作;			的是医生和护士,但让她的心
10	无业		情变好则是我的工作	, , , , , , , , , , , , , , , , , , , ,
16.		2	强调谓语动词	۲۰
17		3.		cine to
17 .				CINE (C
	n. 印象→		do the trick.	

adj.令人印象深刻的

我的灵药似乎确实奏效了。

默写练习二 Developing ideas & Other parts

[限时 20 分钟,满分 100 分]

1. medieval adj. 2. mischievous adj. 3. witry adj. 4. barber n. 5. fellow n. 6. flatter v. 7. podium n. 8. illuminate v. 1 [写作词汇] 9. n. 放事 10. n. 品龄 测子 11. n. 品龄 测子 11. n. 品龄 测子 12. n. 知文论这文 13. adj. 连带的 , 建变的 , 建变	Õ	单词默写 (每小题 2.5 分,共 62.5 分)	24 <i>n</i> . 热情, 热忱→		
1. medieval adj. 2. mischievous adj. 3. witty adj. 4. harber n. 5. fellow n. 6. flatter e. 7. podium n. 8. illuminate v. 15. fellow n. 8. illuminate v. 15. [Spring] 9. n. 战事 10. n. Alfik aldiff 11. n. Lize imper 12. n. Mix j. Mix j					
2. mischievous adj. 3. witty adj. 4. barber n. 5. fellow n. 6. flatter v. 7. podium n. 8. illuminate v. (写作词汇) 9. n. 故事 10. n. 刮脸, 刮剖子 11. n. 刮除, 胸子 12. n. 短東 所子 12. n. 短東 所子 12. n. 短東 所子 13. adj. 非懂的: 雅处理的 (拓展词汇) 14. n. 名声,名言→ adj. 若名的. 出名的 15. adj. 一贯地, 一致地 adj. 一贯的, 一致地 adj. 一贯的, 一致地 adj. 一贯的, 一致地 adj. 乐观的→ adj. 乐观的→ adj. 乐观的→ adj. 乐观的→ adj. 非凡的. 奇异的, 显著的 引人注目的→ adj. 非凡的. 奇异的, 显著的 引人注目的→ adj. 非凡的. 奇异的, 显著的 力人注目的	1.				
a. witty adj. 4. harber n. 5. fellow n. 6. flatter v. 7. podium n. 8. illuminate v. 4.			25 <i>n</i> .作曲家→	v. 作	
5. fellow n. 5. fellow n. 5. fellow n. 6. flatter v. 7. podium n. 8. illuminate v. [写作词汇] 9.			曲;组成;撰写;使镇静→	n.组成,	
 5. fellow n. 6. flatter v. 7. podium n. 8. illuminate v. 【写作词汇】 9. n. 故事 10. n. 刮除, 刮刮子 11. n. 品牌 牌子 12. n. 短文;论说文 13. adj. 束僅的, 兼处理的 【拓展词汇】 14. n. 名声,名誉 → adj. 文学的 → n. 文学 15. adj. 文学的 → adj. 一贯的, 一致的 - adj. 一贯的, 一致的 - adj. 示疑的 + adj. 标见的, 一致的 - adj. 标见的, 一致的 - adj. 标见的, 奇异的, 显著的, 引人注目的 → adj. 排凡的, 奇异的, 显著的, 一方动的 - adj. 非凡的, 奇异的, 显著的, 五动的 20. adj. 非凡的, 奇异的, 显著的, 上注目地 20. adj. 和高友亲育, 温柔有, 上重大的, 温和的, 全球的, 二对的 - adv. 非凡地, 奇异的, 显著的, 三方动的 - adv. 非成的, 看着的, 显着的, 三方动的 - adv. 非成弟, 推断出, 结束, 终止 → n. 结论, 推断出, 结束, 终止 → n. 结论 21. v. 作出 · · · · · · · · · · · · · · · · · ·			构成;创作;作曲;作文;作品		
 6. flatter v			● 短语检测(每小题 3 分,共 21 分)		
7. podium n. 8. illuminate v. 3.			1 . 充满了		
8. illuminate v.					
15					
 9.			4 把与纠	吉合起来	
 10.	9.		5	孝)	
 11			6 . brand of humour	_	
12.			7 不能按时完成	(工作);	
13.			落后		
[拓展词汇] 1. while 引导的让步状语从句 14.			⑩ 佳句再现 (每小题 5.5 分,共 16.5 分)		
14. n. 名声,名誉→ adj. 著名的,出名的 15. adj. 文学的→			1. while 引导的让步状语从句		
adj. 著名的,出名的 adj. 文学的→	14.				
15			as they were then, their	authors	
16. adv. 一贯地,一致地→ adj.一贯的,一致的 17. adj.一贯的,一致的 虽然这些笑话现在对我们来说可能不像以前那么好笑了,但它们的作者明白,幽默不仅可以娱乐,还可以为敏感或易引起激烈争论的问题提供新的阐述(方式)。 18. adj. 疾观的→	15.		understood that humour could not only o	entertain	
16. adv. ─ 贯地, ─ 致地→ issues. 虽然这些笑话现在对我们来说可能不像以前那么好笑了,但它们的作者明白,幽默不仅可以娱乐,还可以为敏感或易引起激烈争论的问题提供新的阐述(方式)。 17. adj. 乐观: 乐观: 火→ adv. 乐观: 不观: 不观: 不观: 不观: 不观: 不观: 不观: 不观: 不见: 不见: 不见: 不见: 不见: 不见: 不见: 不见: 不见: 不见			but also throw new light on sensitive or	emotive	
adj. 一贯的,一致的	16.		issues.		
17.					
adj. 乐观的→ adv. 乐观的 观地 20. 18. adj. 使情绪激动的→ n. 情绪→ adj. 感情的;情感的;情感的;情绪的 19. n. 言论;意见,评论→ adj.非凡的,奇异的,显著的,引人注目的→ adv.非凡地;引人注目地 20. n. 交流→ 流沟通→ adj. 互相交流的,互动的 互动的 v. 交流,沟通→ 21. v. 作出・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・・	17.				
20. adj. 使情绪激动的→				可题提供	
18. adj. 使情绪激动的→					
n.情绪→	18.				
情绪的 19			· · · · · · · · · · · · · · · · · · ·	_	
 19				er's shop	
	19.			77 +	
引人注目的→				, 与	
20.					
 20				d formar	
$egin{array}{cccccccccccccccccccccccccccccccccccc$	20.				
互动的					
21.					
22. adj. 和蔼友善的,温柔的,温和的一点。 laugh out loud, even when you're just sitting by yourself." 22. adj. 和蔼友善的,温柔的,温和的一点。 本《论幽默》一文中,汪用不到 600 字的篇幅介绍了几个名人的幽默例子,并总结道:"这个世界充为。 23. adj. 残忍的→	21.				
 22 adj. 和蔼友善的,温柔的,温和的 → adv. 轻柔地;温和地→ gentleness n. 温和;和善;彬彬有礼 23 adj.残忍的→ n. yourself." 在《论幽默》一文中,汪用不到 600 字的篇幅介绍了几个名人的幽默例子,并总结道:"这个世界充满了有趣的事情。一想到它们,你总是会哈哈大概。 		少小			
的→ adv. 轻柔地;温和地→ 在《论幽默》一文中,汪用不到 600 字的篇幅介绍 gentleness n. 温和;和善;彬彬有礼 了几个名人的幽默例子,并总结道:"这个世界充满了有趣的事情。一想到它们,你总是会哈哈大	22	adi. 和蔼方盖的. 温柔的. 温		rung Dy	
gentleness n . 温和;和善;彬彬有礼				5. 幅 介 绍	
23					
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